Peri-implant Bone Regeneration in Immediate and Immediate-Delayed Implantation

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Scientific Background, Experts' Treatment Reports and Cases using Synthetic Biomaterials

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Peri-implant bone regeneration in immediate and immediate-delayed Implantation using synthetic biomaterials

Bone gaps, smaller bone dehiscence and fenestration defects are frequently encountered when placing implants in an extracted socket (Esposito et al. 2006).

Such defects can be treated before Implantation or at the same time using regenerative therapies to achieve optimal results in terms of both function and aesthetics.

Although the treatment depends on the individual clinical situation, outcomes may be optimized by following general principles and guidelines.

In order to discuss such guidelines, the authors of this Guidebook met in Baden, Switzerland, in January 2015 to develop a guideline for the use of synthetic materials in the immediate or immediately delayed implant indication. The guideline was based on a review of scientific literature in addition to the authors' clinical experience.

This Guidebook consolidates scientific evidence on regenerative procedures with the practical considerations after tooth extraction with a specific focus on application of synthetic biomaterials predominantly in a minimally invasive approach.

The successful application of these treatment guidelines in the clinical practice are further illustrated with original clinical cases by the authors which demonstrate the use of GUIDOR® easy-graft® CLASSIC and GUIDOR easygraft CRYSTAL in cases of immediate and immediate-delayed Implantation.

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Introduction

According to Brånemark's original protocol for 2-stage implant treatment, surgical placement is carried out around 6 to 8 months after tooth extraction followed by a 3 to 6 months osseointegration period, resulting in treatment time that can easily exceed l year (Branemark 1983). Further concerns associated with such a conservative approach are missing functionality during the treatment period, the inevitable resorption of the alveolar bone, the burden of several successive surgical interventions with their associated risks, as well as the psychological impact on the patient (Koh et al. 2010).

In an attempt to shorten the overall treatment time between extraction and the final restoration of the osseointegrated implant, the number of surgical interventions, as well as to reduce the cost and the patient's discomfort, the immediate placement of implants at the time of tooth extraction was proposed. Unfortunately, the immediate placement of a dental implant following extraction brings its own potential disadvantages such as the enhanced risk of infection and the lack of soft tissue closure that may increase the rate of complications and implant failure (Chen et al. 2004, Esposito et al. 2010a, Jofre et al. 2012). Therefore, the successful implementation of this protocol demands an ideal initial bone and soft tissue situation and a low risk profile of the patient, which limits its broader application.

In order to overcome these potential problems, the immediate-delayed placement of implants was proposed. According to this concept, the clinicians will wait between 2 to 8

weeks after tooth extraction before placing the implant in which time a soft tissue healing will have occurred, thus, decreasing the risk of infections (Esposito et al. 2010a; Esposito et al. 2010b, Koh et al. 2010). Although, short-term survival rate of implant placement in an immediate, immediatedelayed approach may achieve similar levels than with the traditional two stage (late) approach (Esposito et al. 2010a; Chen et al. 2004), long-term data remains inconclusive (Chen et al. 2004, Koh et al. 2010, Esposito et al. 2010a, Schropp et al. 2003). What is conclusive are biphasic materials composed of a when reviewing recent publications and protocols is that immediate or immediate-delayed implants are typically placed in a more palatal position than the previous tooth root thus creating a gap (the jumping distance) between the implant surface and the labial buccal plate of the alveolus (Sanz et al. 2012). In more challenging situations, one or more bony walls of the post-extraction socket are partly or completely missing resulting in exposure of a larger portion of the implant surface after implant placement. Such fenestration or dehiscence type defects may reduce the potential of the implant to become fully osseointegrated, which might increase long-term complications. Filling this periimplant gaps and defects with a grafting material is recommended in order to avoid the ingrowth of connective tissue and preserve the architecture of the ridge (Botticelli et al. 2004b, Sanz et al. 2012, Botticelli et al. 2003, Tarnow et al. 2010).

Although autogenous bone grafts are still considered the gold standard in bone regeneration procedures the donor site morbidity, unpredictable resorption, need for additional surgery

together with the skill level and limited guantities retrieved remain major drawbacks. As an alternative, to overcome these limitations, a variety of bone graft substitute materials have been developed. Among these materials porous calcium phosphates of 100% synthetic origin are widely adopted (Leventis et al. 2014a, Jensen et al. 2009). Porous beta tricalcium phosphate (B-TCP) is completely resorbed by the body and gradually replaced by newlyformed vital bone. Complementing the fully resorbable B-TCP material mixture of B-TCP and hydroxyapatite (HA). Such "biphasic" materials are only partly resorbed but fully integrated into the newly formed bone. The remaining portion of the material allows to preserve the augmented volume at the grafted sites (Trisi et al. 2003, Artzi et al. 2004, Ruffieux et al. 2010, Schmidlin et al. 2013, Leventis et al. 2014b). Furthermore, the stabilization and immobilization of particulate bone graft substitutes at the recipient site is shown to be of crucial importance to prevent micro-movement between bone and implanted material that promotes ingrowth of fibrous tissue and obstructs de novo bone formation at the defect site (Wang et al. 2006).

To improve initial stability of bone graft particulates in the defect site, mouldable synthetic bone graft substitutes with in situ hardening properties have been proposed that have demonstrated excellent handling properties and osseointegration (Ruffieux et al. 2010, Leventis et al. 2014a, Schmidlin et al. 2013, Troedhan et al. 2014).

Scope and Terminology

This guidebook focuses on peri-implant bone grafting procedures in the immediate or immediate-delayed indication. The authors present their treatment concepts and surgical procedures for achieving predictable clinical results using the synthetic biomaterials: GUIDOR easy-graft CLASSIC and GUIDOR easy-graft CRYSTAL.

Other aspects of the implant therapy such as the implant insertion and prosthetic treatment will not be covered here. The reader is directed to publications and guidelines of groups and associations such as the ITI, EAO, EDI as well as other international and national dental organisations.

Indications:

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This guidebook discusses treatment of bone gaps (the jumping gap), peri-implant fenestration and dehiscence type defects around implants placed immediately or in the immediately-delayed (allowing for soft tissue closure) protocol after tooth extraction.

Terminology:

Immediate Implantation: Implant placement in the same surgical session as tooth extraction.

Immediate-delayed Implantation: Implant placement after a period of soft tissue healing (typically 2 to 8 weeks after tooth extraction).

Delayed Implantation: Implant placement into a healed site (at least 4 to 6 months after extractions).

Types of extraction sockets:

Classification of extraction socket based on the presenting hard and soft tissue situation (Elian et al. 2007).

Type I: Facial soft tissue and buccal bone wall are intact.

Type II: Facial soft tissue is intact, buccal bone wall is partially missing.

Type III: Facial soft tissues as well as buccal bone wall are markedly reduced.

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Basic Considerations for Implant Placement

During the expert meeting, the authors agreed that the following considerations should be regarded as basic knowledge in regenerative therapy:

- The risk profile of the patient has to be evaluated before planning any implant therapy (Koh et al. 2010, Chen et al. 2014). For evaluating aesthetic risks, the risk profile proposed by the ITI may be used (Table 1, Martin et al. 2006).
- The surgeon has to consider the biological principles of bone formation and osseointegration: If bone defects exceed a critical size they will not heal spontaneously and bone grafting has to be performed (Chen et al. 2004). Bleeding in the defect is critical since the formation of a stable blood clot is a prerequisite for vascularization and bone ingrowth (Wang et al. 2006). It must be recognised that subsequent contraction of the blood clot and retraction from the bone walls may compromise bone healing and result in necrosis.
- Due to resorption of the bundle bone, tooth extraction is usually followed by loss of hard and soft tissue (Schropp et al. 2003, Araujo et al. 2005).
- This resorption takes place irrespective of immediate implant placement and especially in sites with thin buccal bone walls such as those often present in the anterior region (Botticelli et al. 2004a, Huynh Ba et al. 2010).
- A ridge preservation procedure is recommended to maintain ridge dimensions (Vignoletti et al. 2012, Hämmerle et al. 2012). According to Hämmerle et al., ridge preservation is performed to maintain the existing soft and hard tissue envelope, maintain a stable ridge volume for optimal functional and aesthetic outcomes and to simplify later treatment procedures.

- Clot stability is a prerequisite for new bone formation (Wang et al. 2006). Therefore, the graft material must be stabilized and immobilized. The synthetic bone graft material GUIDOR easy-graft hardens in situ when in contact with blood. This may present a relevant advantage over particulate graft materials in certain indications (Troedhan et al. 2014).
- The choice of resorption format (*easy-graft* CLASSIC or easy-graft CRYSTAL) is dependent on the individual clinical situation and the preference of the surgeon.
- Membranes and barrier materials are usually applied over the defect to prevent soft tissue ingrowth and further improve graft containment and stabilization (Wang et al. 2006, Lundgren et al. 1994b).
- In aesthetic sites, an optimal soft tissue emergence profile may need to be created using appropriate provisional restorations (Koh et al. 2010). In case of a high lip line and a thin biotype, surgeons should be aware of the consideration to place a connective tissue graft or suitable alternative material to thicken the soft tissue.
- As with any surgical procedures, surgeons should be familiar with the treatment procedures and must follow general guidelines for surgical and implant therapy.

Table 1: Aesthetic risk profile (adapted from Martin et al. 2006)

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	Low risk	Moderate risk	High risk
Medical status	Healthy, co-operative patient with an intact immune system		Reduced immune system
Smoking habit	Non-smoker	Light smoker (<10 cigs/day)	Heavy smoker (>10 cigs/day)
Patient's aesthetic expectations	Low	Medium	High
Lip line	Low	Medium	High
Gingival biotype	Low scalloped, thick	Medium scalloped, medium thick	High scalloped, thin
Shape of tooth crowns	Rectangular	Slightly triangular	Triangular
Infection at implant site	None	Chronic treated	Acute
Bone level at adjacent teeth	≤5mm to contact point	5.5 to 6.5mm to contact point	≥7mm to contact point
Restorative status of adjacent teeth	Virgin		Restored
Width of edentulous span	l tooth (≥7mm)	l tooth (≤7mm)	2 teeth or more
Soft tissue anatomy	Intact soft tissue		Soft tissue defects
Bone anatomy of alveolar crest	Alveolar crest without bone deficiency	Horizontal bone deficiency	Vertical bone deficiency

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"Experts" Consensus for immediate or immediate-delayed Implantation

During the expert meeting the authors agreed on the following statements:

- Tooth extraction has to be performed using an atraumatic method such as that described in the Sunstar GUIDOR "Ridge Preservation Protocol" Guidebook (Schug et al. 2013).
- Risk factors have to be considered for achieving an optimal outcome. These include systemic medical conditions, smoking, alcoholism, oral hygiene and soft tissue profile (biotype).
- The presence of acute infection has to be excluded in case of immediate implant placement.
- Implants can be placed either immediately in an extraction socket, immediate-delayed (after soft tissue closure) or in a healed site.

- Cone Beam Computed Tomography (CBCT) is advised prior to implant placement.
- Implants are typically placed in an optimal 3-dimensional position (Buser et al. 2004) in accordance with the existing consensus such as that from EDI (Nickenig et al. 2014).
- In case of a bony "jumping" gap, fenestration or dehiscence defects around the implant, placement of a bone graft or substitute is advised.

Materials

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GUIDOR easy-graft synthetic bone graft substitute

GUIDOR easy-graft is a synthetic bone augmentation material that is applied directly from the syringe into the defect. The mouldable adhesive granules can be shaped in the defect. When in contact with blood, the material hardens within minutes to form a porous defect analogue. GUIDOR easy-graft products are 100% synthetic and do not contain substances of animal or human origin. GUIDOR easy-graft is available in two formats: easy-graft CLASSIC and easy-graft CRYSTAL:

- easy-graft CLASSIC consists of coated, phase pure B-tricalcium phosphate (B-TCP). During healing easy-graft CLASSIC is completely resorbed and replaced by newly formed bone within a time period of 5–15 months. No material remains.
- easy-graft CRYSTAL consists of coated biphasic calcium phosphate (compound of 60% hydroxyapatite and 40% B-TCP). The B-TCP component is completely resorbed and replaced by newly formed bone whilst the hydroxyapatite portion remains integrated in the newly formed bone providing long-term volume stability.

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Treatment pathways

Based on the scientific literature and their clinical experience, the authors agreed on the following treatment pathways for using synthetic biomaterials in immediate and immediate-delayed implant placement.

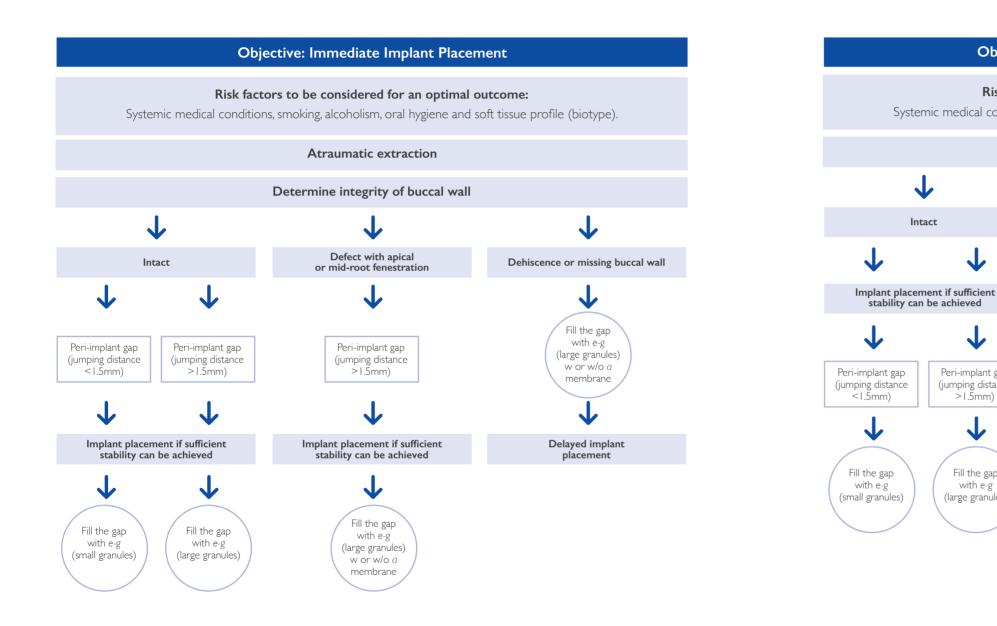


Figure 1: Decision tree for Immediate Implant placement

*e-g: GUIDOR easy-graft

Figure 2: Decision tree for Immediate-delayed Implant placement

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Peri-implant gap

(jumping distance

>1.5mm)

 \checkmark

Fill the gap

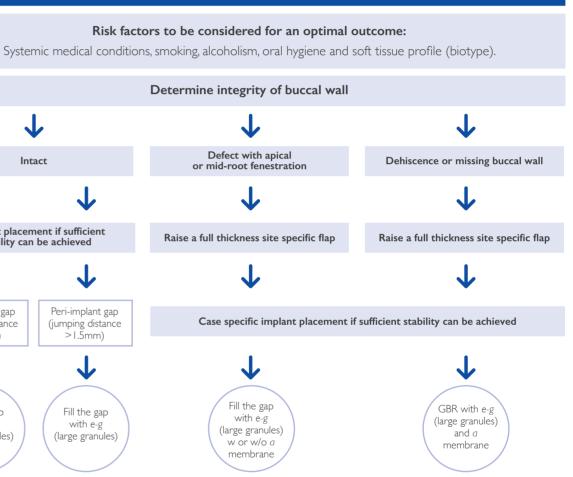
with e-g

(large granules)

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Objective: Immediate-delayed Implant Placement



Case Reports

Case Reports

Immediate Implantation

Dr. Leventis, Tooth 11: 3mm peri-implant gap	14 - 15
Dr. Flichy, Tooth 24: 4mm peri-implant gap	16 - 17
Dr. Flichy, Tooth 46: peri-implant gap	18 - 19
Dr. Kakar, Tooth 13: peri-implant gap	
Dr. Leventis, Tooth 11: thin buccal wall fenestration	
Dr. Flichy, Tooth 25: mid apical buccal wall defect	24 - 25
Dr. Kakar, Tooth 23: small buccal wall defect	
Dr. Flichy, Teeth 11,12,21,22: peri-implant gaps	

Immediate-delayed Implantation

- Dr. Leventis, Toot
- Dr. Hollay, Tooth
- Dr. Flichy, Tooth
- Dr. Leventis, Toot
- Dr. Leventis, Toot











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th 46: 3mm mesial and distal peri-implant gaps	.30	-	31
46: Apical bone cyst	. 32	-	33
12: Apical fenestration defect	.34	-	35
th 24: Buccal fenestration defect	.36	-	37
th 14: Buccal dehiscence defect	.38	-	39



Dr. Leventis

Status of buccal wall	Socket with intact buccal wall
Peri-implant gap	> 1.5mm
Tooth	II
Follow-up	14 months

Socket filling:

The 3mm buccal gap was filled with GUIDOR easy-graft CRYSTAL (1 x 0.25ml). Graft was placed bucally and condensed with bone grafting instrument (bone condenser from STOMA) in order to fill the jumping distance up to the level of the buccal bone.

Wound closure:

The biomechanical properties of GUIDOR easy-graft resulted in a stable site which did not require a flap. The grafted site was covered with a haemostatic sponge and cross-mattress suture to stabilize the wound without obtaining primary closure. Soft tissue healing occurred by secondary intention.

Mechanical protection of the surgical site:

A provision acrylic bridge was immediately cemented to the left maxillary incisor with a pontic protecting the site without applying any pressure.

Medication & post-surgical care:

Amoxicillin 500 mg every 8 hours for 1 week and Nimesulide 100 mg every 12 hours for 2 days post-op. The patient was advised to rinse with Chlorhexidine 3 times/day for I week and to use a soft brush.



X-ray: Inital situation, failing maxillary right incisor.



Immediate implant placement and grafting buccally with GUIDOR easy-graft CRYSTAL.



X-ray at placement.

Clinician:

Patient:

Dr. Minas Leventis

Female, 45 years old Initial situation:

for many years.

Material used:

Treatment:

implant.

Root fracture of maxillary right incisor thus the root could not be restored. The tooth had a restoration with post and crown

GUIDOR easy-graft CRYSTAL,

Paltop 3.25 x 11.5 mm dental

Immediate Implantation following

flapless atraumatic (periotome)

extraction with close attention

given to preserving buccal hard and soft tissues. Intense socket debridement and rinsing with

sterile saline. Preceded placement of the 3.25 x 11.5mm implant at

the correct 3D position.

reduced morbidity.

Immediate implant placement

shortened the treatment time

with less surgical intervention and



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Immediate placement of provisional restoration.

2 weeks post-op.



2 weeks post-op, after removing the provisional restoration. Epithelium proliferates over the graft and gradually covers the site with new keratinized soft mucosa.

4 months post-op, after removing the provisional 4 months post-op. restoration.



4 months post-op. Excellent preservation.

5 months post-op, excellent preservation of the architecture of the ridge.



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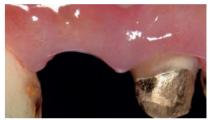
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2 weeks post-op. Excellent preservation of site architecture utilizing minimally invasive techniques and GUIDOR easy-graft CRYSTAL.









Final restoration 14 months after extraction and immediate implant placement.

Dr. Flichy

Status of buccal wall	Intact buccal wall
Peri-implant gap	> 1.5mm
Tooth	24
Follow-up	24 months

Socket filling:

The 4 mm peri-implant/buccal gap was filled with GUIDOR easy-graft CRYSTAL. The biomaterial was placed and condensed with an amalgam packer and periotome to fill the site to the level between buccal bone and gingiva.

Wound closure:

The biomechanical properties of GUIDOR *easy-graft* resulted in a stable site which did not require a flap or membrane for containment. The gingiva was sutured to approximate the wound edges.

Mechanical protection of the surgical site:

No prosthesis or other mechanical protection was necessary after the surgery.

Medication & post-surgical care:

Prescription of Amoxicillin 750 mg 1/8h 7 days; Ibuprofen 600 mg 1/8h 5-7 days; Paroex 0.12% 3 times/day 10 days; hyaluronic acid 0.6% 5-6 times/day (for soft tissue healing).

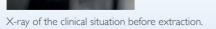
Final restoration:

A CAD-CAM screwed prosthesis was made by BioCam Company. The design and fabrication of the prosthesis and the ceramic coverage was made by Dinnbier Dental laboratory. Clinical and radiological follow-up was made at 6 months.





Initial clinical situation shows tooth 24 before extraction. Broken crown due to caries.





Clinician: Dr.Antonio Flichy

Patient:

Female, 48 years old **Initial situation:**

Material used:

Treatment:

recorded.

Extraction of tooth 24 with broken crown due to caries.

GUIDOR easy-graft CRYSTAL, Mozo-Grau Inhex 3.75 x 11.5 mm

dental implant and 3-0 silk suture.

The tooth extraction was

performed atraumatically to

placed according to the ideal anatomical aspects. An insertion

torgue value of 35 N was

maintain the buccal plate. After extraction the socket was degranulated and the implant

The immediate implant was placed palatally (4mm from buccal plate) to avoid implant surface exposure and set 1.5mm below the buccal plate level

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Filling of the peri-implant gap with GUIDOR easy-graft CRYSTAL. The site was grafted to the level of the gingiva. The material was condensed using an amalgam packer and periotome.



GUIDOR easy-graft.

Situation with open flap after 5 months. Placing of the healing cap/abutment. Closure of the site with sutures.

CAD-CAM prosthesis rehabilitation and placement of crown, 7 months post extraction. Perfect soft tissue situation for restoration.



Lateral view of situation with final restoration at 7 months post surgery. Note the perfect shape of the papilla.







Approximation of the soft tissue was achieved with the suture. The site was left open due to the excellent biomechanical properties of the



Situation after healing 5 months post-op.





Occlusal view on situation with CAD-CAM restoration, 7 months post-operation.



X-ray situation with osseointegrated implant 12 months post-op (first control with crown).



Panoramic x-ray situation at 24 months follow-up.

Dr. Flichy

Status of buccal wall	Intact buccal wall
Peri-implant gap	> 1.5mm
Tooth	46
Follow-up	18 months

Socket filling:

The buccal gap was filled with GUIDOR easy-graft CRYSTAL and condensed with an amalgam packer and periotome to the level between the buccal bone and gingiva.

Wound closure:

The biomechanical properties of GUIDOR easy-graft resulted in a stable site which did not require a flap or membrane for containment. A suture was used to gently approximate the wound edges with healing by secondary intention.

Medication & post-surgical care:

Prescription of Amoxicillin 750 mg 1/8h 7 days; Ibuprofen 600 mg 1/8h 5-7 days; Paroex 0.12% 3 times/day 10 days; hyaluronic acid 0.6% 5-6 times/day (for soft tissue healing).

Final restoration:

A CAD-CAM screw retained prosthesis was made by BioCam Company. The design and fabrication of the prosthesis was made by Sr. Javier Ortolà at Dinnbier Dental laboratory and placed by Dr. Isabel Rodriguez.

Clinician:

Dr. Antonio Flichy

Patient: Female, 44 years old

Initial situation:

Apical lesion without option to save mandibular molar, tooth 46.

Material used:

GUIDOR easy-graft CRYSTAL, Mozo-Grau Inhex 3.75 x 11.5mm dental implant.

Treatment:

The tooth extraction was performed atraumatically to maintain the buccal plate. After extraction the socket was degranulated and the implant placed according to the ideal anatomical aspects. An insertion torgue value of 35 N was recorded.



Situation after atraumatic extraction and cleaning of the socket. A good maintenance of the septum was achieved, which was necessary for the stability of the immediate implantation.



1.5mm below the buccal plate level.



X-ray of situation with the immediate implant placement and GUIDOR easy-graft CRYSTAL filling.

implant and the biomaterial.



Pre-op panoramic x-ray of case. An apical lesion Lateral view of initial situation, hopeless tooth in tooth 46 was observed.



46 due to apical lesion without option for treatment.



Atraumatic extraction of tooth with careful sectioning of the roots.



Occlusal view of situation with restoration at the moment of crown placement.

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Situation after atraumatic extraction of tooth 46 with immediate implant placement. The implant was positioned between the apex and septum of the distal root (forces on crown higher in distal part). The implant was set



Occlusal view of situation after grafting with GUIDOR easy-graft CRYSTAL. No suture was made and healing occurred by secondary intention.



Panoramic x-ray of situation with the immediate



View in the moment of the crown placement 6 months post-op.

moment of crown placement.



Dr. Kakar

Status of buccal wall	Intact buccal wall
Peri-implant gap	> 1.5mm
Tooth	13
Follow-up	4 months

Socket filling:

The buccal gap was filled with GUIDOR easy-graft CRYSTAL. The easy-graft was placed and condensed to fill the site to the level of the neck of the implant. The graft was overfilled over the implant neck.

Wound closure:

The biomechanical properties of GUIDOR *easy-graft* resulted in a stable site which did not require a flap or membrane for containment. Tissue approximation was done using one interrupted and one cross mattress suture.

Medication & post-surgical care:

Post-operative antibiotics were prescribed for a period of 5 days (Amoxicillin and Cluvinate) I gram BID. Ibuprofen 600 was also prescribed to be taken as required.

Clinician:

Dr.Ashish Kakar

Patient:

Female, 72 years old

Initial situation:

The tooth 13 was fractured after an endodontic treatment. The fracture was at the gingival margin and it was decided to extract the tooth and to replace it with a single tooth implant in the area.

Material used:

GUIDOR easy-graft CRYSTAL, Xive dental implant (Dentsply -Germany).

Treatment:

The fractured tooth was extracted using minimal invasive atraumatic techniques. Periotomes and luxators were used to gently luxate the tooth out of the socket. Care was taken to preserve the integrity of the marginal gingival tissues. No flaps were reflected to preserve the periosteal blood supply in the area. A single implant Xive (Dentsply- Germany, 3.4×13 mm) was placed in the prepared osteotomy site. The osteotomy was performed using a palatal approach for the implant placement thus preserving the thin buccal plate. The implant was placed about 1mm sub-crestally.





Grafting with 0.4 ml GUIDOR easy-graft CRYSTAL.



Situation with the applied biomaterial. The graft material was densely packed over the cover screw of the implant on the occlusal aspect.



healing



Lateral view of situation with fractured tooth 13 after endodontic treatment. Note the adequate width of the attached gingiva.



Careful extraction of the root stump using luxators and periotomes. The socket was examined for any remnants of tooth or soft tissue or granulation. The socket was thoroughly debrided with curettes and irrigated with saline.



The integrity of buccal wall was checked and it was found to be intact. A single implant was surgically placed in the extraction site following a palatal approach.

The procedure was done using a flapless protocol. The implant was torqued at ITV of 37 Ncms with a good primary stability.

Implant placement was about 1mm sub-crestal, Xive Implant (Dentsply-Germany, 3.4x13mm).

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Clinical healing after 4 months. Notice that a full soft tissue closure is achieved and the preservation of the buccal plate in the implanted area.

post operation.



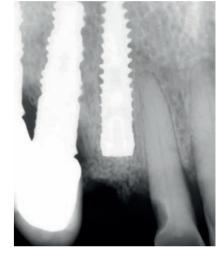


GUIDOR easy-graft prior to condensing.



Condensation of the GUIDOR easy-graft CRYSTAL with a flat ended instrument.

Tension-free sutures to approximate the soft tissue flaps and to stabilize the site. Open



X-ray of situation post-op.



Situation with the final restoration 4 months



X-ray of situation with definite restoration.

Dr. Leventis

Status of buccal wall	Thin buccal wall with fenestration defect
Peri-implant gap	> 1.5mm
Tooth	H
Follow-up	4 months

Implant placement and GBR:

Immediately after extraction an implant was placed in without raising a flap. The correct positioning of the implant not only ensures an aesthetic and functional final restoration but also allows for adequate space between the implant surface and the thin buccal bone wall to perform guided bone regeneration. A resorbable polymer matrix (GUIDOR matrix barrier) was contoured into a V-shape and placed in the internal aspect of the socket to support the thin bone and to cover a small fenestration. The stiffness of GUIDOR *matrix* barrier allowed for easy insertion into the socket and its space maintaining aspect allowed placement labially, without folding or collapsing. The gap between GUIDOR matrix barrier and implant was filled and condensed with GUIDOR easy-graft CLASSIC.

Wound closure:

A haemostatic sponge was placed over the site and a tension-free cross mattress suture was made to stabilize the site. Primary wound closure was not required. Soft tissue healing occurred by secondary intention.

Mechanical protection of the surgical site:

An ovate pontic provisional Maryland restoration was bonded to the adjacent teeth immediately post-op. The pontic of the acrylic tooth was shaped in order to seal the site without applying pressure and guide the soft tissue healing in terms of contour. This permitted the gradual proliferation of newly-formed epithelium over the grafted site and under the pontic of the provisional tooth.

Medication & post-surgical care:

Amoxicillin 500 mg every 8 hours for 1 week and Nimesulide 100 mg every 12 hours for 2 days post-op. Rinsing with Chlorhexidine 3 x day for 1 week and use of a soft brush advised



Failing maxillary right central incisor. CBCT showed thin buccal bone plate with small fenestrations, external resorption of the root and chronic periapical infection. The goal was to maintain soft and hard tissue and to preserve the site architecture.



Atraumatic flapless extraction. Note the external resorption at the crestal part of the root.



Clinician:

Patient:

Dr. Minas Leventis

Initial situation:

tooth 11 years ago. **Material used:**

Female, 23 years old, smoker

GUIDOR easy-graft CLASSIC,

tissue graft, Nobel Active 4.3 x

15mm dental implant.

Treatment:

GUIDOR matrix barrier, connective

Non-surgical "atraumatic" extraction

to mobilize the tooth and forceps with

gentle elliptical movements. Care was

given not to damage the interproximal

papillae and the buccal soft and hard

Immediate implant placement shortened

flapless approach reduced morbidity and

limited the buccal bone resorption due

to preservation of an intact periosteum.

However, immediate implant placement

is a technique-sensitive procedure where

implant placement and positioning, GBR

In this case a thin buccal wall (\leq 1 mm) is present and as such a degree of resorption

will take place, meaning that auxiliary hard

and soft tissue augmentation procedures

are recommended, especially in highly

demanding aesthetic cases.

and provisional restoration) must be

carefully planned and executed.

every step (extraction, socket debridement,

tissues. The socket was thoroughly debrided with bone curettes and special round diamond-coated burrs

and rinsed with sterile saline.

the overall treatment time, and the

of tooth 11 without raising a flap. Extraction performed by periotome

The maxillary right central incisor was diagnosed as hopeless due to external resorption of the root and chronic periapical infection. History of traumaextrusion and re-implantation of the

was trimmed and placed into the socket over the defective buccal wall





The gap is filled with GUIDOR easy-graft CLASSIC up to the crestal level of the surrounding bone.



suture



One week post-op. Non-invasive techniques allowed the fast healing of the tissues with minimal morbidity for the patient.



tissue healing in terms of contour.



A buccal soft tissue pouch was surgically created to allow a connective tissue graft (from palate) is be inserted into the created envelope. The graft was secured with a suture at the bottom of the soft tissue

2 weeks after a screw-retained provisional acrylic crown was placed. The connective tissue graft was successfully integrating.

After implant placement GUIDOR matrix barrier

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An ovate pontic provisional Maryland restoration was bonded to the adjacent teeth immediately post-op.

10 days post-op. The pontic of the acrylic tooth was shaped accordingly in order to seal the site without applying pressure and to guide the soft



At 10 days gradual proliferation of newlyformed epithelium over the grafted site and under the pontic of the provisional tooth.



Immediately post-op the healing abutment was placed. Note the enhanced soft tissue profile labially to the healing abutment. The ISQ reading was 70 showing very good implant stability allowing for the placement of an implant supported provisional restoration.



Two weeks after a screw-retained provisional acrylic crown was placed. The connective tissue graft is successfully integrating.

Dr. Flichy

Status of buccal wall	Mid apical buccal wall defect
Peri-implant gap	> 1.5mm
Tooth	25
Follow-up	8 months (33 weeks)

Socket filling:

Correct 3 dimensional placement of the implant resulted in a 5mm buccal gap. GUIDOR easy-graft CRYSTAL was introduced and condensed with an amalgam packer and periotome up to the level of buccal bone and gingiva.

Wound closure:

The wound edges were approximated using a suture. Healing occurred by secondary intention.

Mechanical protection of the surgical site:

No prosthesis or other mechanical protection was necessary after surgery.

Medication & post-surgical care:

Prescription of Amoxicillin 750mg I/8h 7 days; Ibuprofen 600mg I/8h 5-7 days; Paroex 0.12% 3 times/day 10 days; hyaluronic acid 0.6% 5-6 times/day (for soft tissue healing).

Final restoration:

A CAD-CAM screw retained prosthesis was made by BioCam Company. The design and fabrication of the prosthesis was completed by Sr. Javier Ortolà at Dinnbier Dental laboratory and placed by Dr. Isabel Rodriguez.



Initial situation of tooth 25 which was rated as After atraumatic extraction and degranulation not restorable due to massive caries.



of the socket, a middle apical buccal defect was observed (apex communication of the tooth with buccal plate).



Clinician:

Patient:

to caries.

Material used:

Treatment:

Dr.Antonio Flichy

Female, 38 years old Initial situation:

Non restorable left maxibular second premolar (tooth 25) due

GUIDOR easy-graft CRYSTAL,

| Dental Care Evolution 3.7 x

Tooth extraction was made

plate. After the extraction, the socket was well cleaned. The dental implant was placed

according to the anatomical aspects considerations. A torque

of 35N was obtained.

carefully to maintain the buccal

I I.5mm dental implant.

Setting of the implant immediately after extraction (| Dental Care Evolution 3.7×11.5 mm).

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Situation after placement of the implant. Palatal positioning 1.5mm below crest.



into the peri-implant gap. Healing by secondary intention.



At 2 weeks complete soft tissue closure was noted.

noted.



Good soft tissue profile noted at 8 months.

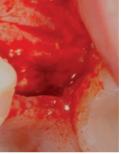
CAM screw retained prosthesis.



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Situation I week after operation with open wound healing. Good healing of soft tissue was observed.



After 5 months the site was re-entered. Good bone formation up to the cover screw was



Partial removal of bone tissue which covered the implant screw, subsequent closure of flap.



Final restoration at 8 months with a CAD-



Lateral view of the situation 8 months post op.

Dr. Kakar

Status of buccal wall	Buccal wall defect
Peri-implant gap	> 1.5 mm
Tooth	23
Follow-up	4 years

Socket filling:

The buccal gap was filled with GUIDOR easy-graft CRYSTAL (1 \times 0.4ml). The GUIDOR easy-graft was placed and condensed to fill the site to the level of crestal bone.

Wound closure:

Soft tissue closure was accomplished by tissue approximation for the site.

Medication & post-surgical care:

Post-operative antibiotics were prescribed for a period of 5 days (Amoxicillin and Cluvinate) I gram BID.

Clinician:

Dr. Ashish Kakar

Patient:

Male, 37 years old

Initial situation:

Fractured tooth 23 at the subcrestal level following secondary decay under the old crown.

Material used:

GUIDOR easy-graft CRYSTAL, Nobel 5.0 x 13mm implant.

Treatment:

Atraumatic minimally invasive, flapless extraction was performed using luxators. An implant was placed with an ITV of 40 Ncms. Primary stability was achieved. The peri-implant defect was filled with GUIDOR easygraft CRYSTAL. Re-entry was performed after 3 months of healing when the final restoration was made.



Situation with the implant placed into the socket.

Notice the dimensions of the peri-implant defect which is in excess of 1.5mm circumferentially around the implant (Nobel, 5.0×13 mm).



X-ray of the implant in place.

placement of the healing collar.



Initial situation with fractured tooth 23 at the sub-crestal level following secondary decay under the old crown. Patient had a history of endodontic treatment four years ago.



Extracted canine tooth. Root dimensions were measured for proper selection of the implant width and length.



The extracted socket was examined for the integrity of the buccal wall using a dental explorer.



Occlusal view of the restoration with the maintenance of the buccal plate of the bone.

X-ray following crown insertion. Notice the levels of maintained crestal bone around the grafted areas of the implant.



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GUIDOR easy-graft CRYSTAL and placement of the cover screw of the implant.



Tissue approximation achieved with interrupted sutures. No attempt was made to reflect flaps to maintain periosteal blood supply in the area.



Second stage re-entry after 3 months and



A single ceramic crown was cemented on the permanent abutment. Notice the integrity of the marginal soft tissues and regeneration of the inter-dental papilla.





4-year follow-up of the clinical situation with no inflammation or recession of the soft tissue.



Dr. Flichy

Status of buccal wall	Intact buccal wall
Peri-implant gap	> 1.5mm
Tooth	11, 12, 21, 22
Follow-up	24 months

Socket filling:

The peri-implant gap of 3mm was filled with GUIDOR easy-graft CRYSTAL compacting the biomaterial to the apex of the sockets. An interproximal suture was placed to approximate the sides.

Wound closure:

The biomechanical properties of GUIDOR *easy-graft* resulted in a stable site which did not require a flap or membrane for containment. The sockets were overfilled and GUIDOR easy-graft compressed. At flap reopening excess biomaterial was removed which was partially infiltrated by soft tissue.

Mechanical protection of the surgical site:

A removable prosthesis was made for the aesthetics and functional conditions of the patient during the 6 months of healing.

Medication & post-surgical care:

Prescription of Amoxicillin 750 mg 1/8h 7 days; lbuprofen 600 mg 1/8h 5-7 days; Paroex 0.12% 3 times/day 10 days; hyaluronic acid 0.6% 5-6 times/day (for soft tissue healing).

Final restoration:

A CAD-CAM screw retained prosthesis was made by BioCam Company. The design and fabrication of the prosthesis was completed by Sr. Javier Ortolà at Dinnbier Dental laboratory and placed by Dr. Isabel Rodriguez.



Frontal view of clinical situation prior to extraction. Situation with maxillary incisors (teeth 12, 11, 21, 22). Extraction due to non active periodontal pathology.



Panoramic x-ray of initial situation.



Clinician: Dr.Antonio Flichy

Patient:

Female, 41 years old **Initial situation:** Periodontal problems and movement of the teeth, without active periodontal pathology.

Material used:

dental implant.

Treatment:

GUIDOR easy-graft CRYSTAL, Mozo-Grau Inhex 3.75 x 11.5mm

The patient had movement of

simultaneous bone grafting.

Extraction was performed

atraumatically to maintain the

buccal wall. After extractions,

the sockets were extensively

of the Mozo-Grau Inhex

was obtained.

degranulated prior to placement

3.75x11.5mm implants according to the correct anatomical aspect.

An insertion torque value of 35 N

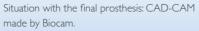
her teeth prompting extraction

with immediate implantation and

Atraumatic extraction of teeth 12, 11, 21 and 22 and cleaning of the sockets.



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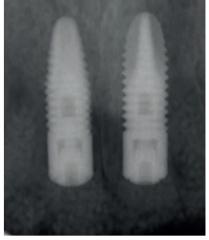
Implants placed palatally to avoid resorption of buccal plate. The level of the implant was 1.5mm below the buccal plate.



6 months post operative situation: excellent soft tissue healing.



Filling of the peri-implant gaps with GUIDOR easy-graft CRYSTAL and socket preservation of lateral incisors to preserve the volume for the later bridge. Suturing of the papilla to approximate the soft tissue.



X-ray after implantation.



At reopening (6 months): excellent hard tissue healing with new bone regeneration covering the surface of the healing screws. Healing abutment placed on central incisors 11 and 21



Situation 8 months post surgery: excellent soft tissue healing and placement of the final prosthesis.



Panoramic x-ray situation after 24 months.

Dr. Leventis

Status of buccal wall	Defect with intact buccal wall
Peri-implant gap	> 1.5mm
Tooth	46
Follow-up	3 months

Implant placement and grafting:

A 6 week post extraction period was observed to allow for soft tissue healing after which a site specific full-thickness flap was raised and an implant placed according to ideal 3D positioning. The resulting 3mm (mesial and distal) gaps were simultaneously filled to crestal bone level with a well condensed application of GUIDOR easy-graft CLASSIC.

Wound closure:

Tension-free closure using PGA 4-0 resorbable sutures.

Mechanical protection of the surgical site:

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No provisional restoration was used.

Medication & post-surgical care:

Amoxicillin 500 mg, 8 hourly for 1 week. Nimesulide 100 mg, every 12 hours for 2 days. Rinsing with Chlorhexidine 3 times/day for I week and use of a soft brush. Suture removal at 2 weeks.

Discussion

The newly-formed keratinized gingiva over the post-extraction socket allowed for tension-free primary closure post implant and graft placement without the need advanced flap. This approach coronally displaced the buccal keratinized soft tissues and mucogingival junction.

The biomechanical *in situ* hardening properties of the grafting material resulted in stability of the grafted site, thus allowing for excellent bone regeneration around the implant and preservation of the volume and architecture of the ridge.



Clinical image of initial situation, failing mandibular right first molar.



Periapical x-ray showing the caries and the chronic inflammation around the mesial root.



Situation after atraumatic extraction to preserve the integrity of surrounding soft and hard issues (root sectioning, use of luxators).

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Clinician:

Dr. Minas Leventis

Patient:

Male, 45 years old, non-smoker

Initial situation:

Caries and endo-treatment failure at the mandibular right first molar thus the tooth could not be restored. The tooth had a restoration with a crown for many years.

Material used:

GUIDOR easy-graft CLASSIC, Nobel Replace 5.00 x 10mm dental implant Osstell ISQ device.

Treatment & discussion:

Atraumatic (non-surgical/ flapless) extraction of tooth 46 followed by debridement of the socket and rinsing with sterile saline. The socket was left open to heal spontaneously by secondary intention. Implant and simultaneous bone graft placement at 6 weeks post extraction. At 3 months the implant was uncovered with a linear incision crestally and a healing abutment was placed.

This technique shortened the overall treatment time, while minimizing the risk of implant failure due to the chronic infection of the site.



Preservation of the bone septum. The buccal wall was kept intact.





A 5mm x10mm implant was placed at the ideal 3D position with the corresponding space filled with GUIDOR easy-graft CLASSIC.





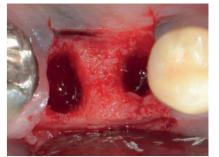


Screw retained metal-ceramic crown.

Final situation after extraction and immediatedelayed implant placement.



Soft tissue healing with new keratinized soft

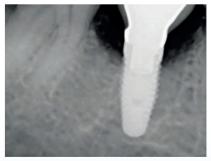


Surgical re-entry for implant placement.

site architecture utilizing minimally invasive techniques and GUIDOR easy-graft CLASSIC.



Excellent implant stability (implant stability quotient of 78) using resonance frequency analysis.



Periapical x-ray 3 months after implant placement and 1 week after final restoration. Excellent bone integration and preservation of ridge architecture.

Dr. Hollay

Status of buccal wall	Apical bone cyst
Peri-implant gap	> 1.5mm
Tooth	46
Follow-up	5 years

Implant and simultaneous bone grafting:

Five weeks after atraumatic extraction an implant was placed in the ideal 3 dimensional position. The corresponding peri-implant gap was filled with GUIDOR *easy-graft* CLASSIC to the level of the crestal bone. Condensation of GUIDOR *easy-graft* was achieved with a periosteal elevator.

Wound closure:

The site was closed with sutures (Gore Tex PSK 17A) obtaining a primary closure of the site.

Mechanical protection of the surgical site:

None required due to the excellent biomechanical properties of the *in situ* hardening bone graft.

Medication & post-surgical care:

Analgesics after surgery: Ibuprofen.



Panoramic radiograph of initial situation. Infected mandibular molar 46 with apical bone cyst.



with piezotome surgery and situation before placement of the implant.



Clinician:

Patient:

Male, 57 years old Initial situation:

present infection. Material used:

Astra Tech implant.

Treatment:

(LC2-tip).

Dr. Henrik Christian Hollay

Tooth 46, apical bone cyst with

GUIDOR easy-graft CLASSIC,

Extraction of right mandibular molar (tooth 46) due to present

infection and apical bone cyst.

The atraumatic extraction was performed with a piezotome

Situation after simultaneous implant and graft with GUIDOR *easy-graft* CLASSIC. Optimal 3-D positioning of the fixture. Graft condensed to the level of the crestal bone.



Clinical situation at re-entry 28 weeks after the implant placement.







Good soft tissue healing 6 weeks after placement of the healing abutment.

Healthy soft tissue.



Definite restoration 8 months after the implantation. Good aesthetic outcome was achieved.

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Clinical picture of situation 5 years post-op.

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Radiographic situation at re-entry 28 weeks



Opening of the site with flap at the re-entry. A good bone quality was obtained *in situ*.





Situation with the abutment before placement of the final restoration.



Excellent implant stability and bone preservation 5 years after placement.

Dr. Flichy

Status of buccal wall	Apical fenestration defect and thin buccal plate
Peri-implant gap	> 1.5mm
Tooth	12
Follow-up	24 months

Socket filling:

After tooth extraction only a thin buccal plate remained. Implant was placed and the peri-implant gap was filled with GUIDOR easy-graft CRYSTAL. The biomaterial was placed and condensed with a periotome to compact the bone to the buccal plate.

Wound closure:

The wound was closed according to the Rehrmann technique for tension free suture of the wound thus avoiding a potential wound dehiscence.

Mechanical protection of the surgical site:

A removable prosthesis was made for the aesthetics and functional conditions of the patient during the 6 months healing period.

Medication & post-surgical care:

Prescription of Amoxicillin 750mg 1/8h 7 days; Ibuprofen 600mg 1/8h 5-7 days; Paroex 0.12 % 3 times/day 10 days.

Final restoration:

A CAD-CAM screw retained prosthesis was made by BioCam Company.The design and fabrication of the prosthesis was made completed by Sr. Javier Ortolà at Dinnbier Dental laboratory and placed by Dr. Isabel Rodriguez.



Situation with missing frontal tooth 12 due to accident, 8 weeks after trauma.



buccal bone plate of less than 1 mm thickness (high aesthetic risk).



Flap elevation revealed a buccal fenestration and Occlusal view, position in palatal site to avoid buccal exposure of crown screw. The implant was set 1.5mm below the crestal bone level.



Situation 7 weeks after reopening the flap.

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Situation at the same day with the final restoration. A CAD-CAM screwed prosthesis was made.

Treatment:

Clinician: Dr.Antonio Flichy

Patient:

Male, 37 years old Initial situation:

12) due to trauma. Material used:

dental implant.

Absence of lateral incisor (tooth

GUIDOR easy-graft CRYSTAL, Mozo-Grau Inhex 3.75 x 11.5mm

The patient came to the dental office because of missing tooth 12 due to an accident 8 weeks before the visit. An immediate-delayed implant placement was planned.

A flap was opened and a fenestration in the apical buccal plate and the socket was observed. The socket was cleaned and the area was prepared for the implant placement. The implant was set with a torque of 35 N.



Due to the *in-situ* hardening properties of the mouldable material a good stabilization of the site was obtained. Today, the clinician would recommend use a membrane (such as GUIDOR matrix barrier) as prevention of soft tissue in-growth.





Situation 4 months after simultaneous implant and bone graft with GUIDOR easy-graft CRYSTAL







Situation after flap closure (Rehrmann technique to avoid dehiscence).

Radiograph of situation after implantation.

Situation after reopening flap (4 months after grafting). Note: Good hard tissue with well integrated visible granules Partial removal of hard tissue to uncover implant screw/healing cap.



Situation with closed flap around the healing abutment.



Radiograph of situation at 2 years follow-up.

Dr. Leventis

Status of buccal wall	Buccal bone fenestration
Peri-implant gap	> 1.5mm
Tooth	24
Follow-up	3 months

Implant placement and grafting:

A 7 week post extraction period was observed to allow for soft tissue healing after which a site specific full-thickness flap was raised and an implant placed according to ideal 3D positioning.

Wound closure:

Tension free closure with PGA 4.0 resorbable suture.

Medication and post surgical care:

Amoxicillin 500 mg, 8 hourly for 1 week. Nimesulide 100 mg, every 12 hours for 2 days. Rinsing with Chlorhexidine 3 times/day for 1 week and use of a soft brush.

Clinician:

Dr. Minas Leventis

Patient:

Male, 56 years old

Initial situation:

Failing first left maxillary premolar (tooth 24). Fractured root that cannot be restored.

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Material used:

GUIDOR easy-graft CLASSIC, Nobel Replace 3.5 x 11.5mm dental implant.

Treatment:

An immediate placement protocol was not followed due to the chronic infection. Therefore, an immediate-delayed protocol was chosen in order to reduce the infection risk and also to gain soft tissue regeneration prior to the implant placement and the buccal augmentation in order to achieve tension-free primary closure, without the need of flap advancement that would lead to coronal displacement of the mucogingival junction.



Site specific flap with papilla preservation. Debridement of the socket.





Tension-free suture closure.

Initial CBCT.



Atraumatic flapless extraction.



7 weeks post extraction - soft tissue closure.



Situation 3 months after implant placement and 4 weeks after placement of the healing abutment. Excellent preservation of the architecture of the ridge.

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Final screw-retained restoration (3 months after Final x-ray 3 months after implant placement. implant placement).

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Grafting with GUIDOR easy-graft CLASSIC 150.



Periapical x-ray immediately post-op.



I month post-op.





Dr. Leventis

Status of buccal wall	Buccal wall dehiscence defect
Peri-implant gap	> 1.5mm
Tooth	14
Follow-up	5 months

Implant placement and grafting:

An 8 week post extraction period was observed to allow for soft tissue healing after which a site specific full-thickness flap was raised. Implant placement in the optimal 3D position reveals a large dehiscence defect necessitating simultaneous GBR with GUIDOR easy-graft CLASSIC and GUIDOR matrix barrier.

Wound closure:

Tension free closure with 4.0 resorbable Vicryl suture.

Medication and post surgical care:

Amoxicillin 500 mg, 8 hourly for 1 week. Nimesulide 100 mg, every 12 hours for 2 days. Rinsing with Chlorhexidine 3 times/day for I week and use of a soft brush.

Clinician:

Dr. Minas Leventis

Patient:

Female, 63 years old

Initial situation:

Failing of first right maxillary premolar 14. The root could not be restored. Bone resorption buccally. An immediate placement protocol was not followed due to the chronic infection that resulted to the loss of the buccal bone plate, as seen in the initial CBCT. An immediate delayed protocol was chosen in order to reduce the infection risk and also to gain soft tissue regeneration prior to the implant placement and the buccal augmentation in order to achieve tension-free primary closure, without the need of flap advancement that would lead to coronal displacement of the mucogingival junction.

Material used:

GUIDOR easy-graft CLASSIC, GUIDOR matrix barrier, Paltop 3.75×11.5 mm dental implant.

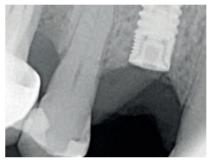
Treatment:

Atraumatic (flapless) extraction of tooth 14. After soft tissue healing an immediate-delayed implant placement and simultaneous graft to the dehiscence defect was undertaken. A GUIDOR matrix barrier was trimmed and placed over the grafted site.





After precise 3D placement of the implant the buccal threads were exposed.



Periapical x-ray immediately after surgery.

3 weeks post-op.



Initial CBCT of failing first right maxillary premolar 14.



8 weeks after atraumatic flapless extraction.



The socket is not filled with bone. Granulation tissue (provisional matrix that will gradually become bone) is found. After thorough removal of the granulation tissue the buccal dehiscence was exposed.



3 months post-op. Placement of the healing abutment.

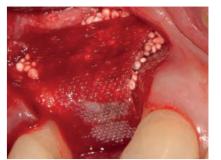
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the ridge.





Grafting with GUIDOR easy-graft CLASSIC.



GUIDOR matrix barrier. Tension-free closure of the site with resorbable 4-0 Vicryl sutures.





Re-entry to uncover the implant. Note the bone regeneration buccally.



Final situation: 5 months after implant placement. Excellent soft tissue healing and successful preservation of the architecture of



Periapical x-ray 5 months after implant placement

Disclaimer

Medical science is dynamic and constantly advancing. The presented information is accurate to the best of the authors' knowledge and reflects current knowledge at the time of publication (2015), but we cannot guarantee its correctness and completeness. The document has been written for a professional audience that is able to place the information in the proper context and to assess the risks and advantages of the procedures and methods presented by the authors where they deviate from the traditional schools of thought.

It must be taken into account that indications differ for each patient. Treatment success significantly depends on multiple biological and medical factors as well as on adequate preliminary and follow-up treatment. The authors and the company Sunstar Suisse SA can therefore not guarantee the success of treatment with the suggested treatments.

Any liability for material or immaterial damage arising from the use (or disuse) of this information is excluded. The GUIDOR *easy-graft* CLASSIC and GUIDOR *easy-graft* CRYSTAL instructions for use leaflets, which are authoritative regarding therapeutic information, must be observed. Each user is asked to study the instructions for use in detail.

Links

ITI, International Team for Implantology: http://www.iti.org/

EAO, European Association for Osseointegration: http://www.eao.org/

EDI, European Association of Dental Implantologists: http://www.bdizedi.org/

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